

Date:

Spiritual Plan for Today:
Ideas:

Prayer

Bible Reading

Bible Memory

Verse to Encourage me today

Who is mentoring me?

Thankful Journal

Journal

Sermon/Devotional Something to Listen to/Read

Music to Encourage

Spiritual Book to read

Who am I helping to grow spiritually?

Personal

-Brush Teeth & Floss: morning night

-Exercise plan for today

-Get outside for _____ minutes

-Food plan

Chores Needing to be done:

Paid Work/School/Learning:

Entertainment plans:

Friends:

Project:

Screen time: Total time?

Do more of:

Do less of:

Plan for that:

What do I want to develop today?

Spiritual Plan for Today:

I am praying for:

This is what the Lord showed me today in prayer:

Answers to prayer?

Bible Reading: Today I read _____ and this is what I mainly got from it:

Verse I'm hanging onto today:

Spiritual Plan for Today:

Some things I am thankful for for today:

1

2

3

4

5

This encouraged me today: (From a book, sermon, devotional...)

Who did I encourage spiritually today?

Who encouraged me spiritually?

